

Respecting life from conception to natural death is a foundational facet of the catholic faith that has been emphasized by many saints throughout history. These individuals provide exemplary lives of holiness and life with God that can help young people. The saints' teachings and actions provide guidance to young adults to navigate and develop a deeper respect for life in all its stages.

One key lesson from saints is the importance of defending life at all stages, from the moment of conception to natural death. Saints such as Saint John Paul II, were fierce advocates for the sanctity of life and spoke out against abortion and euthanasia. Through their witness and commitment to life, young people can learn to stand up for the vulnerable and promote life. By following the example of saints such as John Paul II, young people too can become advocates for the right to life.

Another key lesson that saints transmit onto younger people is the belief in individual human dignity. This principle represents the status and worth that we were all given while being made in the image and likeness of God. We all share human dignity, regardless of who we are, where we came from, or the circumstances we live in today. Saints such as Saint Teresa of Calcutta, spent their lives working with the poor. In 1950, she founded the Establishment of Missionaries of Charity, an organization that has devoted itself to helping poor and neglected children. She gave us an example of the principle of how we are all worth just as much as one another, regardless of our position and how we can live it out in our lives as young followers of Christ.

Saints also emphasize the importance of the interconnection between life and the responsibility to care for it. Saints such as Francis of Assisi, known for his love of creation and all living beings, demonstrate this interconnectedness of life and respecting it, for it was given to us as a gift from God. By promoting a sense of responsibility to take care of all life, we again see saints in a position to inspire young people. This perspective reinforces the church's values on life and helps young people to understand their responsibility to preserve the gift of life for future generations.

In addition, saints provide a spiritual perspective on the meaning of life and death. The concept of death can be very confusing, especially to young people. Saints such as Therese of Lisieux help bring young people to a level of understanding of human existence and the sacredness of life through their teachings.

In conclusion, the teachings and lives of saints serve as a source of guidance and encouragement for young people seeking to learn and understand the importance of respecting life from conception to a natural death. In a world full of disregard for life, the lessons of saints and their exemplary lives serve as a compass for young people to uphold the value of life.